

# Home Pilot Study Participant Orientation

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**RESONA HEALTH**

# Pulsar XO

- Resonance Frequency Therapy
- No Drugs or Chemicals - safe
- Ultra low energy PEMF
- Makes no (little) sound
- FDA General Wellness Device
- Lots of [supporting research](#)
- Session length 30 min – 2 hour 15 minutes
- 3.5 - hour battery life
- 4 X 2.5 inches, 2 oz, Music Cassette
- How does it work?
  - Resonates with your body's water solution
  - Energizes the cells electrical charge to allow self healing



# Pulsar XO

*The frequencies charge  
your cell's battery  
and massage the cell's  
membrane*



# Participant Requirements

- Use the device, minimum 3-4 times per week
  - Or as often as you want
  - You can not overdose
- Hydrated before each session
  - 1 liter of water within the preceding 4 hours
- Wear around you neck with lanyard, place in your shirt pocket, or under your pillow
- Complete a pre and post on-line survey
- Watch this orientation video
- Download the orientation slides



# Success Tips

- Establish a routine
  - TV, reading, cooking, driving, walking
- Use a consistent charging location
- Turn the volume all the way up
  - Press the + button 5-6 times, it's the button closest to the blue LED
- Time your session if using the Micro SD card
- How do you know it's working?
  - Slow flashing blue LED
  - It gets warm
  - Slight buzzing if held to your ear
  - [Magnetometer app](#)
- Please contact [info@Resona.Health](mailto:info@Resona.Health) with any questions or concerns or if you need help of any kind
- Welcome to test [other protocols](#) in [Bluetooth mode](#) if desired (paired with your phone)



# Common Mistakes

- Don't use the device ☹️
- Not asking questions
- Watch for the device in the mail
- Misplaced
  - Store it in the same place each night for charging
- Make sure the Micro USB cable inserted all the way in
  - Blink Red = Charging
  - Solid Red = Fully Charged
- Gently insert the Micro SD card correctly – don't force it



# References

- [Get Started Video](#)
- [Using the Micro SD card](#)
- [Lanyard Instructions](#)
- [FAQ's](#)
- [Research](#)
- [info@Resona.Health](mailto:info@Resona.Health)



# Conclusion

- We are seeing amazing results...
  - When people use it
- We need your help
  - No Voodoo
  - Clinical Results
    - Statistically significant
    - Clinically significant
- Reach out
- There is Hope – tomorrow can be (much) better than today

